

Recipe Book

Preparation Time: 20 minutes

Protein-Packed Skyr Pancakes

(Hayatna Skyr, Hayatna High Protein Milk)

Ingredients:

- ½ cup Hayatna Skyr (Plain or Vanilla)
- ½ cup Hayatna High Protein Milk
- 1 cup oat flour
- 1 tsp baking powder
- -1 egg
- 1 tbsp honey
- 1/2 tsp cinnamon (optional)
- 1 tsp vanilla extract
- ½ cup fresh berries (for topping)
- 1 tbsp maple syrup (optional)

Steps:



1. In a bowl, mix Hayatna Skyr, Hayatna High Protein Milk, egg, honey, vanilla extract, and cinnamon.



2. Add oat flour and baking powder, stirring until a smooth batter forms.



3. Heat a non-stick pan over medium heat and lightly grease it.



4. Pour small portions of the batter onto the pan and cook for 3-2 minutes per side until golden.



5. Serve warm with fresh berries and a drizzle of maple syrup.

