



Recipe Book

Preparation Time: 5 minutes

Date & Milk Smoothie

(Hayatna Flavored Milk Strawberry/
Chocolate, Hayatna Fresh Milk)

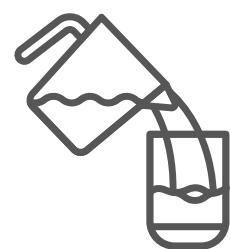
Ingredients:

- ½ cup **Hayatna Flavored Milk**
(Strawberry or Chocolate)
- ½ cup **Hayatna Fresh Milk**
- 5–6 dates (pitted)
- ½ tsp cinnamon
- Ice cubes

Steps:



1. Blend **Hayatna Flavored Milk**, **Hayatna Fresh Milk**, dates, cinnamon, and ice cubes until smooth.



2. Pour into a glass and serve immediately.

