



Recipe Book

Preparation Time: **5 minutes**
(plus overnight soaking)

Overnight Oats with Milk

(Hayatna Fresh Milk, Hayatna Greek Yoghurt)

Ingredients:

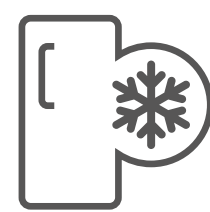
- ½ cup rolled oats
- ½ cup **Hayatna Fresh Milk**
- ¼ cup **Hayatna Greek Yoghurt**
- 1 tbsp honey
- ½ cup mixed fruits
(berries, banana, apple slices)
- 1 tbsp chia seeds (optional)



Steps:



1. In a jar, mix rolled oats, **Hayatna Fresh Milk**, and **Hayatna Greek Yoghurt**.



3. Cover and refrigerate overnight.



2. Stir in honey and chia seeds.



4. In the morning, top with fresh fruits and enjoy.

