



Recipe Book

Preparation Time: 5 minutes

Avocado Laban Smoothie

(Hayatna Laban, Avocado)

Ingredients:

- 1 cup Hayatna Laban
- 1 ripe avocado
- 1 tbsp honey
- Ice cubes

Steps:



1. Blend Hayatna Laban, avocado, honey, and ice cubes until smooth and creamy.



2. Pour into a glass and serve immediately.

