



Recipe Book

Preparation Time: 5 minutes

Laban Banana Smoothie

Hayatna Laban, Bananas

Ingredients:

- 1 cup **Hayatna Laban**
- 1 banana (sliced)
- 1 tbsp honey
- ½ tsp cinnamon
- Ice cubes (optional)

Steps:



1. Blend **Hayatna Laban**, banana, honey, and cinnamon until smooth.



2. Add ice cubes for a chilled smoothie.



3. Serve immediately and enjoy.

